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**Evolution of a new class of antihypertensive drugs- targeting the brain renin angiotensin system.**

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**Short title:** Firibastat, a novel antihypertensive drug.

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## ABSTRACT

Brain renin-angiotensin system (RAS) hyperactivity has been implicated in the development and maintenance of hypertension. Angiotensin III, generated by aminopeptidase A (APA), one of the main effector peptides of the brain RAS, exerts a tonic stimulatory control over blood pressure in hypertensive rats. This identified brain APA as a potential therapeutic target for the treatment of hypertension, leading to the development of RB150 an orally-active prodrug of the specific and selective APA inhibitor, EC33. When given orally, RB150 crosses the gastrointestinal and blood-brain barriers, enters the brain, generates two active molecules of EC33 which inhibit brain APA activity, blocking brain angiotensin III formation, and decrease blood pressure for several hours in hypertensive rats. The RB150-induced blood pressure decrease is due to a reduced vasopressin release, which increases diuresis, reducing extracellular volume, a decrease in sympathetic tone, leading to a reduction of vascular resistances and the improvement of the baroreflex function. RB150 was renamed firibastat by the WHO. Phase Ia/Ib clinical trials showed that firibastat is clinically and biologically well-tolerated in healthy volunteers. Clinical efficacy of firibastat in hypertensive patients was therefore demonstrated thanks to two Phase II studies. Overall, firibastat could represent the first drug of a new class of antihypertensive agents targeting the brain RAS.

37 Hypertension affects one third of the adult population and is the leading cause of premature  
38 death and disability-adjusted life years <sup>1,2</sup>. It is a major risk factor for many diseases including  
39 coronary heart disease, cerebral vascular accidents, cardiac failure and renal dysfunction. Despite  
40 existing therapy, hypertension remains poorly controlled worldwide <sup>3</sup>, and its prevalence is  
41 increasing due to ageing of the population and the obesity epidemic <sup>4</sup>. The prevalence of  
42 hypertension among U.S. adults aged >18 years was 29% and even higher among Non-Hispanic  
43 black adults (40.6%) <sup>5</sup>. In African-Americans, hypertension is more severe with a higher morbidity  
44 and mortality than in Whites <sup>6</sup>. Among the many effective antihypertensive drugs currently used,  
45 are inhibitors of the systemic renin-angiotensin system (RAS). These include drugs that inhibit  
46 formation of angiotensin II (AngII) by angiotensin I -converting enzyme (ACE, EC 3.4.15.1), called  
47 ACE inhibitors (ACEI) and agents that block the action of AngII on type 1 AngII receptors (AT<sub>1</sub>) by  
48 AT<sub>1</sub> receptor antagonists (ARB) <sup>7</sup>. However, secondary effects of ACE inhibitors, such as cough and  
49 more rarely angioedema have been observed <sup>8</sup>. Renal function may also deteriorate in underlying  
50 renal artery stenosis <sup>9</sup>. In addition, blockers of the systemic RAS are poorly effective in African-  
51 Americans in whom high BP is often accompanied by a low-renin state (decrease in systemic RAS  
52 activity) and high plasma arginine-vasopressin levels <sup>6,10</sup>. Monotherapy for hypertension  
53 treatment is ineffective in more than half of all cases and responses to a given compound,  
54 regardless of its chemical family, differ greatly between individuals. Most hypertensive patients  
55 require two or more antihypertensive drugs to control BP including a RAS blocker, a calcium  
56 channel blocker or a diuretic <sup>11-13</sup>. Adding to the challenges in controlling blood pressure (BP) in  
57 patients with hypertension, is the growing incidence of resistant hypertension (~15%) where at  
58 least three antihypertensive drugs (including a diuretic) are required <sup>14,15</sup>. Accordingly, there is a  
59 real clinical need to develop novel classes of antihypertensive agents acting on new targets, with  
60 diversified modes of action, to better manage BP control.

61

## The brain renin-angiotensin system

In addition to the systemic RAS, the brain RAS plays an important role in the control of cardiovascular function and BP regulation<sup>16–18</sup>. All components of the systemic RAS, ie, the precursor angiotensinogen, the enzymes, renin (EC 3.4.23.15), angiotensin I-converting enzyme (ACE, EC 3.4.15.1), angiotensin converting enzyme type 2 (ACE2, EC 3.4.17.23), aminopeptidase A (APA, EC 3.4.11.7) and aminopeptidase N (APN, EC 3.4.11.2), the peptides AngI, AngII, AngIII, AngIV, Ang1-7 and the AngII receptors, type 1 (AT1), and type 2 AngII (AT2) receptors as well as the Mas receptor (MasR) are present within the brain (reviewed in<sup>19–21</sup>) (Figure 1).

Hyperactivity of the brain RAS has been implicated in the development and maintenance of hypertension and its interruption by either pharmacological or genetic means is associated with a profound beneficial outcome in hypertension<sup>16,17</sup>; its components could constitute interesting targets for treatment of hypertension.

### Aminopeptidase A and Aminopeptidase N Inhibitors

AngII is hydrolysed to numerous peptides, which themselves may have functional significance. The best candidate enzymes involved in the hydrolysis of AngII and AngIII include two membrane-bound zinc-metallo-peptidases : APA and APN<sup>22–24</sup>. This is based on the observation that *in vitro* purified APA hydrolyses the N-terminal aspartate residue from AngII to generate AngIII<sup>25</sup> and that purified APN cleaves the N-terminal arginine of AngIII to generate AngIV<sup>26</sup>.

To demonstrate that APA and APN are involved *in vivo* in the metabolism of brain angiotensins, specific and selective APA and APN inhibitors were required. APA inhibitors have been developed by rational design taking into account APA substrate specificity, APA exopeptidase activity and the presence of the Ca<sup>2+</sup> and Zn<sup>2+</sup> atoms in the APA active site<sup>27</sup>. Some of these potential inhibitors were based on the structure of the glutamate thiol (GluSH), which is a potent but non-selective inhibitor of APA and APN<sup>28</sup>. In this context, Chauvel *et al.*<sup>29</sup> designed

an APA inhibitor, EC33 ((S)-3-amino-4-mercapto-butyl sulfonic acid), in which the GluSH carboxylate side-chain was replaced by a sulfonate (Figure 4). This resulted in an increase of the polarity of the sulfonate side chain and in its interaction with the calcium ion, thus improving selectivity towards APA<sup>29</sup>. In addition, an effective APN inhibitor was developed: PC18 (2-amino-4-methylsulfonyl butane thiol)<sup>30</sup>. Pharmacological characterization of these inhibitors performed on purified APA and APN showed that EC33 inhibited APA ( $K_i = 0.29 \mu\text{M}$ ) almost 100 times more strongly than APN. Conversely, PC18 inhibited APN ( $K_i = 0.008 \mu\text{M}$ ) 2150 times more efficiently than APA ( $K_i = 17.2 \mu\text{M}$ )<sup>30,31</sup>. A systemically active prodrug of EC33, RB150 (4,4'-dithio bis[3-amino butyl sulfonic acid]) (Figure 4) was also developed. This inhibitor comprises two molecules of EC33 linked by a disulfide bridge. As the thiol group of RB150 is engaged in the disulfide bridge, it cannot inhibit APA enzymatic activity since it is unable to interact with the zinc atom present in the APA active site and essential for its catalytic activity. However, the disulfide bridge allows orally administered RB150/firibastat to cross the intestinal, hepatic and blood–brain barriers. On entry into the brain, it is cleaved by brain reductases to generate two active molecules of EC33. Moreover *in vitro*, the reduced form of RB150 obtained in the presence of dithiothreitol (DTT) inhibited purified APA ( $K_i = 0.20 \pm 0.02 \mu\text{M}$ ), similar to EC33<sup>32</sup>. The selectivity of EC33 and RB150 toward APA was shown by the lack of affinity of these compounds for other zinc metalloproteases involved in the production or metabolism of vasoactive peptides, such as APN, ACE, ACE-2, ECE-1 and NEP, as well as by the absence of binding of these compounds to AT1 and AT2 or endothelin A and B receptors known to be involved in BP regulation<sup>33</sup>.

More recently, a new more potent and selective central-acting APA inhibitor prodrug, NI956/QGC006, was developed<sup>34</sup>. This compound was obtained by disulfide bridge-mediated dimerization of NI929 ((3S,4S)-3-amino-4-mercapto-6-phenyl-hexane-1-sulfonic acid), a non-peptidic APA inhibitor that is 10 times more potent than EC33 at inhibiting recombinant mouse

APA activity *in vitro* (Ki value of 30 nM). NI956 did not inhibit other enzymes (ACE, ACE2) or receptors (AT1, AT2, endothelin type A and B, vasopressin type1 and type 2, apelin, bradykinin and urotensin II) involved in BP control when tested at  $10^{-5}$  M.

#### **Distribution of APA in the Brain in Parallel with AT1 Receptors**

APA enzymatic activity measured in the absence or presence of the specific and selective APA inhibitor, EC33, has also been identified in rat brain nuclei involved in the control of body fluid homeostasis and cardiovascular functions<sup>35</sup>. The lowest and highest levels differed by a factor of 150. The pituitary gland and circumventricular organs were the richest source of this enzyme, followed by the median eminence, the arcuate nucleus, the choroid plexus, the hypothalamic paraventricular (PVN) and supraoptic (SON) nuclei, the area postrema (AP), the lateral reticular nucleus (LRN) and the nucleus of the solitary tract (NTS) (Figure 2C)<sup>35</sup>. There is a good relationship between the brain distribution of APA activity, angiotensin receptors<sup>19,36</sup> (Figures 2A-2B) and nerve terminals<sup>37</sup>.

In the human brain, immunostaining of sections through the medulla oblongata shows a high density of APA immunoreactive neuronal cell bodies and fibers in the motor hypoglossal nucleus (XII), the dorsal motor nucleus of the vagus (X), the nucleus of the solitary tract (NTS), the Roller nucleus and the nucleus ambiguus<sup>38</sup> (Figure 2D). APA immunoreactivity was also visualized in vessels and capillaries in the dorsal motor nucleus of the vagus and the inferior olivary complex<sup>38</sup>. Thus, there is clear evidence demonstrating that brain APA may be associated not only with neuronal cells, but also with microvessels.

The presence of APA in several brain nuclei containing angiotensin nerve terminals and AT1 receptors involved in BP regulation suggests that APA is an integral component of the brain RAS in humans and rodents and further supports the idea that APA inhibitors could be clinically tested as an additional therapy for the treatment of certain forms of hypertension.

### ***In Vivo* Metabolic Pathways of Brain AngII and AngIII**

Harding *et al.* were the first to investigate the metabolism of brain AngII and AngIII *in vivo*<sup>39</sup>. They reported that the half-lives of intracerebroventricularly (i.c.v) injected AngII and AngIII were approximately 23 and 8 seconds, respectively, indicating that AngIII is metabolized more rapidly than AngII. To block AngII and AngIII metabolism, they used the aminopeptidase inhibitors, amastatin and bestatin, and showed that the administration of both inhibitors i.c.v extended the half-lives of [<sup>125</sup>I]AngII and [<sup>125</sup>I]AngIII<sup>40,41</sup>. These results indicate that amastatin and bestatin are efficient blockers of angiotensin metabolism. However they are not selective with respect to AngII and AngIII. Consistent with this, amastatin, which was initially described as a specific APA inhibitor, actually inhibits APN 40 times more efficiently than APA, whereas bestatin displays broad specificity for various aminopeptidases<sup>42,43</sup>. *In vivo* studies showed that the APA inhibitor, EC33 (1–100µg) injected by i.c.v route in conscious mice inhibited brain APA activity in a dose-dependent manner with an IC<sub>50</sub> of 12 µg<sup>32</sup>. EC33, i.c.v co-injected with radiolabeled AngII into conscious mice, completely blocked the formation of [<sup>3</sup>H]AngIII in the hypothalamus<sup>44</sup>, whereas the APN inhibitor, PC18, increased the half-life of [<sup>3</sup>H]AngIII by a factor of four<sup>31</sup>. These results provided the demonstration that APA is involved *in vivo* in the formation of brain AngIII from AngII whereas APN metabolizes AngIII in AngIV.

### **Brain AngIII in the Control of Blood Pressure**

The notion that the physiologically relevant peptide in the brain RAS responsible for the regulation of BP is AngIII rather than AngII was suggested in 2003<sup>45,46</sup>. Since then many studies have supported the “AngIII hypothesis”. AngII and AngIII display similar affinity for AT1 and AT2 receptors<sup>47</sup>. In addition, these peptides have a similar affinity for a non-AT1, non-AT2 angiotensin binding site which shares some characteristics with the liver cytosolic AngII binding proteins, later identified as EC 3.4.24.15 (thimet oligopeptidase) and/or EC 3.4.24.16<sup>48</sup>. Harding *et al.*



demonstrated, in a push–pull cannula study, that 93% of the angiotensin material released in the PVN, after stimulation with veratridine or by water deprivation, was in the form of AngIII whereas only 6.8% corresponded to authentic AngII<sup>49</sup>. AngII and AngIII, when centrally administrated, similarly increase BP, stimulate vasopressin release and decrease baroreceptor reflex function<sup>20,44,50–52</sup>.

AngII and AngIII increase BP by three mechanisms: (i) increase in sympathetic nerve activity, (ii) synaptic inhibition of the baroreflex in the nucleus of the tractus solitarius, and (iii) release of AVP into the bloodstream<sup>53</sup>. To determine the respective roles of AngII and AngIII in the central control of BP, the effects of AngII and AngIII, injected by i.c.v route, on BP in hypertensive rats were studied in the absence and presence of APA or APN inhibitors, EC33 and PC18 respectively. Two experimental models of hypertension were used: the SHR, a genetic model of hypertension sensitive to systemic RAS blockers, and the DOCA-salt rat, a salt- and volume-dependent but renin-independent (low plasma renin levels) model of hypertension resistant to systemic RAS blockers. Both models exhibited an hyperactivity of the brain RAS.

Central treatment with the APA inhibitor EC33 blocked the pressor effect of i.c.v AngII in anaesthetized SHRs, suggesting that the increase in BP requires the conversion of AngII into AngIII<sup>54</sup>. The i.c.v injection of EC33 alone leads to an immediate and total inhibition of brain APA activity, thus blocking, in the brain, the formation of AngIII and inducing an decrease in BP in hypertensive DOCA-salt rats and SHRs<sup>32,54</sup> (Figure 3). In contrast, a high intravenous (i.v) dose of EC33 did not modify BP in hypertensive rats, demonstrating that the i.c.v EC33-induced decrease in BP is a central but not due to a systemic effect<sup>32</sup> (Figure 3).

Together these findings indicate that AngIII is the effector peptide of the brain RAS. This conclusion was further supported by the significant increase in BP induced by the APN inhibitor PC18, when injected alone, by the i.c.v route, into SHR rats<sup>54</sup>. This pressor response is blocked by

prior injection of the AT1 antagonist losartan (but not by the AT2 antagonist PD 123319), indicating the specificity of action of APN on AngIII metabolism and the involvement of AngIII in the PC18-induced increase in BP. By blocking the action of APN, PC18 causes an accumulation of endogenous brain AngIII, which in turn results in an increase in BP, through interaction with AT1 receptors. Finally, the complete inhibition, by EC33, of the PC18-induced increase in BP demonstrates the existence of the endogenous enzymatic cascade: AngII generated AngIII, itself metabolized in AngIV, mediated by the activities of APA and APN <sup>54</sup>.

Consistent with these data, Wright et al. studied the BP effects of AngII and AngIII analogs, D-Asp<sup>1</sup>AngII and D-Arg<sup>1</sup>AngIII, which were slightly less degraded than the endogenous corresponding peptides. They injected these compounds, i.c.v into conscious normotensive rats in the presence and absence of EC33 and PC18 <sup>46</sup> and concluded that AngIII was a centrally active ligand of the brain RAS, important in the control of BP. The interpretation of these results was however challenged by Kokje et al. <sup>55</sup>, who injected (i.c.v) AngII analogs that were more resistant to aminopeptidase degradation such as N-methyl-L-Asp<sup>1</sup>-AngII into conscious normotensive rats. They found that this compound is very slowly degraded and increases BP through AT1 receptor activation. They concluded that AngII, rather than AngIII, is the main active form controlling BP in the brain. However, the finding that i.c.v injection of this analog, which binds AT1 receptors very efficaciously, was expected to increase BP. In fact, in contrast to AngII, which, even in the presence of an APA inhibitor, may be rapidly degraded by other peptidases, such dipeptidyl aminopeptidases, endopeptidases or ACE2, giving rise to Ang3-8 (AngIV), Ang1-5, Ang4-8, and Ang1-7, all being inactive on AT1 receptors, N-methyl-L-Asp<sup>1</sup>-AngII is only metabolized in Ang2-5. N-methyl-L-Asp<sup>1</sup>-AngII then remains in major part under its native form, activating AT1 receptors. This underlines the different metabolism profiles of endogenous AngII and exogenous

N-Methyl-L-Asp1-AngII. This illustrates the difficulty to use exogenous metabolically resistant AngII analogs to understand the mechanisms of action of endogenous AngII and AngIII peptides.

Moreover, Wright et al., showed that, despite the high molecular mass of APA and APN (approximately 120–130 kDa for the monomer), i.c.v infusion of APA produces a significant increase in BP <sup>56</sup>, whereas i.c.v infusion of APN in SHR rats decreases BP <sup>57</sup>. The pressor effect probably results from a higher level of production of brain AngIII, whereas the hypotensive effect might be related to an increase in AngIII metabolism. Finally, i.c.v infusion of an antiserum that inhibited APA activity reduced the AngII-induced BP increase by 59 % <sup>58</sup>.

Together, these studies suggest that brain APA, the enzyme responsible for generating brain AngIII, might be a promising target for hypertension treatment, justifying the development of potent and selective APA inhibitors as centrally-acting antihypertensive agents.

#### **New targets to treat hypertension - Brain Penetrating APA Inhibitor Prodrugs as Centrally Acting Antihypertensive Drugs**

While EC33 is an effective centrally acting APA inhibitor, it does not cross the blood brain barrier and hence has limitations for clinical use. However RB150, a prodrug of EC33, was developed and found to be an effective orally active agent <sup>32,33,59</sup>. When given by oral route, RB150 crosses the intestinal, hepatic, and blood-brain barriers and enters the brain. Once in the brain, the disulfide bridge of RB150 is immediately cleaved by brain reductases generating two active molecules of EC33, which inhibit brain APA activity, block formation of brain AngIII and decrease BP and AVP release in conscious hypertensive rats. In alert DOCA-salt rats, the RB150-induced BP decrease is evident 2 h after administration, maximal between 5 and 9 h, and persists after 15 h but without significance; after 24 hours, the drug effect is no longer evident (Figure 4) <sup>60</sup>.

The impressive antihypertensive effect of RB150 is attributed to three different mechanisms: (i) decrease in vasopressin release from the posterior pituitary into the blood circulation increased

230 diuresis and reduced extracellular volume, (ii) decrease in sympathetic tone, decreased vascular  
231 resistance and (iii) improved baroreflex function (Figure 5)<sup>33,59,61</sup>. RB150 has no effect on BP in  
232 normotensive rats that display hyperactivation of brain aminopeptidase A and brain RAS. Thus,  
233 RB150 acts as an antihypertensive agent and not as a hypotensive agent<sup>33,59</sup>. In addition, we  
234 showed in conscious SHRs that concomitant oral administration of RB150 with enalapril, an ACE  
235 inhibitor, potentiated the RB150-mediated decrease in BP compared with the BP decrease  
236 induced by RB150 or enalapril alone<sup>59</sup>. This was especially evident in the acute phase with lower  
237 doses. One hour after administration, RB150 at 100 mg/kg or enalapril at 1mg/kg did not induce  
238 any significant BP change, whereas in combination there was a significant BP decrease ( $-16.4 \pm$   
239  $3.1$  mm Hg)<sup>59</sup>. Accordingly we propose that the synergistic effects of combined RB150 with an  
240 ACE inhibitor or an AT1 receptor antagonist, may have improved therapeutic effects in the  
241 management of patients with hypertension. This may relate to combined inhibition of both the  
242 brain and the systemic RAS.

243 Moreover, oral NI956/QGC006 treatment in hypertensive DOCA-salt rats exhibited a high potency  
244 for normalizing brain APA hyperactivity and BP for 10 hours after a single administration,  
245 decreasing plasma AVP levels, and increasing diuresis and natriuresis, without affecting plasma  
246 sodium and potassium concentrations, at a dose one tenth that required for RB150<sup>34</sup>. Therefore,  
247 NI956/QGC006 is a “best-in-class” central-acting APA inhibitor prodrug, belonging to the same  
248 drug class as RB150, supporting the development of antihypertensive therapies targeting brain  
249 APA.

250 These observations not only establish a method for the central delivery of an APA inhibitor but  
251 provide insights into the role of brain AngIII in the regulation of vasopressin release and BP in  
252 alert DOCA-salt and spontaneously hypertensive rats (SHR). This constituted the first step in the  
253 development of a potentially new class of orally active antihypertensive drugs and in 2012, RB150

was selected for clinical development. Toxicology, safety pharmacology and pharmacokinetics studies demonstrated that RB150 is well-tolerated both in rats and dogs up to a dose of 1000 mg/kg during 28 days <sup>59</sup>.

### **Phase I Clinical Trials of Firibastat in Human Volunteers**

In a first-in-human study (Phase Ia clinical trial) <sup>62</sup>, the safety/tolerability, pharmacokinetics and pharmacodynamic effects of single ascending doses of RB150, renamed firibastat by the World Health Organization, were determined in humans. Healthy male volunteers (n=56) were randomly assigned to receive single oral doses from 10 to 1250 mg of firibastat or placebo. No severe or life-threatening adverse effects were observed. The only treatment-emergent adverse effect considered to be probably related to study treatment was one event of orthostatic hypotension, which occurred in one subject in the 500 mg group. No clinically significant abnormalities were observed in laboratory safety parameters, the haematology panel or clinical chemistry values, vital signs including haemodynamic parameters, or in ECG readings <sup>62</sup>. Pharmacokinetic analysis demonstrated good dose proportional exposure to firibastat and confirmed that once or twice a day oral dosing could be a suitable regimen for further studies. Compared with placebo, firibastat did not significantly change the concentrations of plasma renin, plasma and free urine aldosterone, plasma and urine cortisol, and plasma copeptin, a biomarker of AVP release. No significant change was observed for supine HR, systolic BP and diastolic BP in any of the treatment groups <sup>62</sup>. In a second clinical study (Phase Ib), we confirmed the safety and the tolerability of a single dose up to 2000 mg and multiple oral doses of firibastat up to 750 mg b.i.d. during 7 days in healthy adult subjects (F. Balavoine, M. Azizi, D. Bergerot, N. De Mota, R. Patouret, B. P. Roques and C. Llorens-Cortes unpublished work) (NCT01900171 & NCT01900184). In conclusion, firibastat was shown to be safe and well tolerated following oral administration of ascending

single oral doses up to 2000 mg and repeated oral doses up to 750 mg twice daily for 7 days in healthy subjects.

### **Phase IIa Clinical Trial of Firibastat in Hypertensive Patients**

Following the successful phase I studies, effects of firibastat on BP were assessed in patients. Studies to assess the safety, tolerability, and BP effects by inhibiting brain APA with firibastat were studied for four weeks, in patients with primary hypertension in a phase IIa multicenter double-blind randomized placebo-controlled crossover study (NCT02322450)<sup>63</sup>. Firibastat, at a dose of 250 mg twice daily for one week, with forced titration to 500mg twice daily for three weeks, decreased in the intention-to-treat population (34 patients), daytime ambulatory systolic BP and office systolic BP decreased by 2.7 and 4.7 mmHg respectively vs. placebo, but the difference between the groups was not statistically significant (Table 1). In the per-protocol population (29 patients), in patients with a basal value of daytime ambulatory systolic BP between 154 and 172 mmHg, firibastat treatment induced a larger decrease in daytime ambulatory systolic BP (median [interquartile range (IQR)]: -9.4 [-12.5 to -3.0] mmHg), whereas placebo treatment did not induce any change (median [IQR]: 0.75 [-5.5 to -1.9] mmHg). In the multiple linear regression analysis for the per-protocol population, only treatment with firibastat (P=0.06) and baseline daytime ambulatory SBP (P=0.01) were associated with changes in daytime ambulatory systolic BP but not with plasma renin activity<sup>63</sup>. This suggests that the more the basal daytime ambulatory systolic BP is elevated, the more the firibastat-induced systolic BP decrease is majored<sup>63</sup>. This is in agreement with the observation that, in experimental models of hypertension, firibastat acted as an antihypertensive agent and not as a hypotensive agent. This study showed that brain APA inhibition with firibastat, in patients with mild hypertension, was safe and tended to decrease daytime ambulatory systolic BP relative to placebo at 4 weeks. However, because this was a pilot study, aiming mostly at the safety and tolerability of firibastat, the number of patients involved

was small, and the duration of the treatment too short and the baseline daytime systolic BP not enough high to definitively conclude on the antihypertensive effect of firibastat in humans.

### **Phase IIb Clinical Trial of Firibastat in Overweight Hypertensive Patients**

The results of the Phase IIa study were used to guide the design of a clinical trial Phase IIb, NEW HOPE (NCT03198793)<sup>64</sup>. NEW-HOPE was a multicenter, open-label phase II study in 40 US centers performed in 256 patients overweight or obese (BMI 25-45kg/m<sup>2</sup>) hypertensive (systolic BP 145-170 mmHg) patients, including 54% African and Hispanic individuals. After a two-week wash-out period, patients received firibastat for 8 weeks (250 mg twice daily orally for two weeks, then 500 mg twice daily if automated office BP [AOBP] >140/90 mmHg; hydrochlorothiazide 25 mg q.d was added after 1 month if AOPB ≥160/110 mmHg).

The primary endpoint corresponding to change from baseline in systolic automatic office BP (AOBP, SPRINT method) met a significant decrease of 9.5 mmHg<sup>64</sup> (p <0.0001) (Table 1). Systolic AOBP similarly decreased in African-Americans by 10.5 mmHg (p <0.0001) and in Non-Blacks by 8.9 mmHg (p <0.0001) (Table 1). 85% of the subjects did not receive hydrochlorothiazide and were treated with firibastat alone<sup>64</sup>. Most frequent adverse events were headaches (4%) and skin reactions (3%). No angioedema was reported. No change in potassium, sodium and creatinine blood level were observed.

Firibastat may be an attractive potential alternative therapy for African-Americans. In African-Americans, hypertension occurs earlier, is more severe, controlled less often and has a higher morbidity and mortality than in Whites. African-Americans are also less responsive to monotherapy with ACEIs or ARBs<sup>6</sup>. Obesity, higher salt-sensitivity and low plasma renin activity are possible reasons of this poor BP control<sup>65</sup>. The efficiency of firibastat to decrease systolic BP in African-Americans is in agreement with the preclinical studies showing that RB150/firibastat is highly efficient in an experimental salt-dependent model of hypertension with low plasma renin

levels and high plasma vasopressin levels, resistant to systemic RAS blockers<sup>27</sup>. The clinical data on firibastat were recently reviewed by Azizi *et al.*<sup>66</sup>.

### Conclusions

Growing evidence confirms involvement of the brain RAS in the development of hypertension. Targeting this system with novel agents, such as the first-in-class APA inhibitor prodrug RB150/firibastat has been shown to be very effective. RB150/firibastat crosses the blood-brain barrier after oral administration and thereby inhibits brain APA activity, blocking formation of brain AngIII, one of the main effector peptides of the brain RAS exerting a tonic stimulatory action on BP control in hypertensive rats. This led in turn to a normalization of BP, especially effective in salt-sensitive hypertension. Clinical trials Phase IIa and IIb provide pharmacological proof-of-principle for the efficacy of brain APA inhibition for decreasing BP in hypertensive patients, especially in African-Americans patients, where monotherapy with ACE inhibitors or AT1 receptor antagonists may be less effective. In an era when there are few innovations in antihypertensive drug development, if the proof of concept of firibastat efficacy is confirmed in pivotal Phase III trials, firibastat treatment could provide new hope for improved and better management of hypertension, and may be especially beneficial in subgroups of hypertensive patients, such as those with low renin hypertension, difficult to treat hypertension or resistant hypertension.

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#### 355 **Disclosures**

356 C. Llorens-Cortes is co-inventor of the following patents related to aminopeptidase A inhibitors :  
357 WO 99/36066 - WO 2004007441 - WO 2005014535, licensed by the Quantum Genomics Company

358

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566 **Figure Legends**

567

568 **Figure 1. Schematic diagram of the brain renin-angiotensin system.**

569 ACE: angiotensin I -converting enzyme; APA: Aminopeptidase A; APN: Aminopeptidase N; ACE2:  
570 angiotensin-converting enzyme type 2; AT1: angiotensin type 1 receptor; IRAP: Insulin-Regulated-  
571 Aminopeptidase.

572

573 **Figure 2. Distribution of mRNA for the AT1A, AT1B and AT2 receptors and APA in the brain**

574 (A) Distribution of mRNA for the AT1A, AT1B and AT2 receptors in the adult rat brain, sagittal  
575 section. (adapted from <sup>19</sup>) - (B) Dark-field photomicrograph of sections showing the distribution  
576 of AT1A receptor mRNA in the adult rat brain. The labelling is very high in the subfornical organ  
577 (SFO), the vascular organ of the lamina terminalis (OVLT), the median preoptic nucleus (MnPO),  
578 the hypothalamic paraventricular nucleus (parvocellular part), the nucleus of the solitary tract  
579 (NTS) and the area postrema (AP). Scale bar=1 mm (adapted from <sup>36</sup>) - (C) Distribution of APA  
580 enzymatic activity in the adult rat brain. (adapted from <sup>35</sup>). – (D) APA immunoreactivity in the  
581 human intermediate medulla oblongata (adapted from <sup>38</sup>) Photomicrographs of human APA  
582 immunoreactive somata or fibers in the motor hypoglossal nucleus (XII), the dorsal motor nucleus  
583 of the vagus (X), the nucleus of the solitary tract (Sol) and APA immunoreactive vessels (asterisks)  
584 in the dorsal motor nucleus of the vagus. (Abbreviations: APit, anterior pituitary; ARC, arcuate  
585 nucleus; AT1, angiotensin receptor type 1; AT2, angiotensin receptor type 2; IO, inferior olive; LS,  
586 lateral septum; LC, locus coeruleus; LRN, lateral reticular nucleus; MeA, medial amygdaloid  
587 nucleus; ME, median eminence; MED, medial cerebellar nucleus; MG, medial geniculate complex;  
588 MPO, medial preoptic nucleus; Pir, piriform cortex; PPit, posterior pituitary; PV, periventricular  
589 nucleus; R, red nucleus; RF, Reticular Formation; RVLN, rostral ventrolateral medulla; SON,

supraoptic nucleus; Sth, subthalamic nucleus; Th, thalamus; XII, hypoglossal nucleus, X, dorsal motor nucleus of the vagus.

**Figure 3. Effects of the APA inhibitor, EC33 on brain APA activity, hypothalamic [<sup>3</sup>H]AngIII formation and blood pressure.**

(A) Time course of the inhibition of brain APA activity after the i.c.v injection of EC33 (100 µg) in alert mice (adapted from <sup>32</sup>) - (B) Percentage [<sup>3</sup>H]AngIII formation in the hypothalamus 1.5 min after the i.c.v injection of [<sup>3</sup>H]AngII in alert mice in the presence or absence of EC33 (30 µg) (adapted from <sup>32</sup>) . Values after APA inhibitor treatment were compared with the control values obtained after saline injection - (C) Central and systemic effects of the APA inhibitor EC33 on BP in conscious DOCA-salt rats and SHR (adapted from <sup>32,54</sup>). Mean ± SEM changes in mean BP (ΔMABP in mmHg) following i.c.v injection of EC33 (10–100µg) into alert DOCA-salt rats and SHR and i.v injection of EC33 (45mg/kg) into alert SHR. Mean BP values obtained after the injection of EC33 were compared with the baseline mean BP obtained after the injection of saline. \*P<0.05 and \*\*P<0.01, \*\*\* P<0.001 vs. control values.

**Figure 4. Effects of RB150 given by oral route on brain APA activity and blood pressure in alert DOCA-salt rats.**

(A) Dose-response inhibition of brain APA activity 3.5 hours after the oral administration of RB150 (7.5 to 50 mg/kg) in conscious DOCA-salt rats or WKY. Mean ± SEM of 3 to 16 animals for each set of conditions. \* P<0.05 vs. control values. # P<0.05 vs. DOCA-salt rats non-treated - (B) Mean arterial BP changes in conscious DOCA-salt rats after oral RB150 administration. Peak changes in arterial BP (ΔMABP in mmHg, mean ± SEM) after oral RB150 administration (0.1 to 30 mg/kg) in conscious DOCA-salt rats. (n= 7 for each dose) (adapted from <sup>33</sup>).

614

615 **Figure 5. Mode of action of the APA inhibitor prodrug, RB150/firibastat, on the control of BP in**  
616 **hypertensive rats.**

617 The brain RAS controls BP via three different mechanisms according to <sup>53</sup>. 1) an increase in  
618 vasopressin release from the posterior pituitary into the bloodstream, 2) an activation of  
619 sympathetic premotor neuron activity at the level of the rostral ventrolateral medulla (RVLM),  
620 and 3) an inhibition of the baroreflex at the level of the nucleus of the solitary tract (NTS). The  
621 conversion of AngII into AngIII in the brain involves APA. RB150/firibastat, the prodrug of the APA  
622 inhibitor EC33, is composed of 2 molecules of EC33 linked by a disulfide bridge. After oral  
623 administration, the disulfide bridge enables RB150/firibastat to cross the blood-brain barrier and  
624 to penetrate the brain. In the brain, the disulfide bridge of RB150/firibastat is cleaved by  
625 reductases releasing 2 active molecules of EC33, inhibiting APA activity. Consequently, brain AngII  
626 is not cleaved into AngIII, which exerts in brain structures a stimulatory action on the control of  
627 BP in hypertensive rats. This results in a BP decrease via a decrease in vasopressin release and  
628 sympathetic neuron activity. (Abbreviations: APit, anterior pituitary; NTS, nucleus of the solitary  
629 tract; PPit, posterior pituitary; PVN, paraventricular nucleus; RVLM, rostral ventrolateral medulla;  
630 SFO, subfornical organ; SON, supraoptic nucleus. (adapted from <sup>59</sup>).